

## Society for Nutrition Education

# Public Health Nutrition Division Newsletter

June 2009



## Message from the Chair

Dear friends,

I cannot believe that an entire year has passed since we met in Atlanta last year. I hope it has been a healthy and productive year for all of you. My time as the Chair is coming to an end, and I will be passing the torch to Lynn James (incoming Chair) and Sarah Colby (incoming Chair-elect) in New Orleans.

We planned an excellent session, ***Food Insecurity: Global Problem, Local Solutions***, for this year's conference. We will begin this session with an overview of nutrition and health issues related to food insecurity, and then, Fern Gale Estrow, from the FGE Food and Nutrition Team in New York will discuss the public policy implications. Additionally, we have three local speakers: Vanessa Ulmer from the Prevention Research Center at Tulane University, Christy Norsworthy from the Louisiana Public Health Institute, and David Coffman from Second Harvest Food Bank. They will talk about their hands-on experiences in community advocacy, policy, and programming. Hence, this will be a session with something for everyone whether you do research, advocacy, or implement programs. Don't miss this great session on Sunday, July 12 at 1:30 p.m.

I hope you already marked your calendars to attend the **division business meeting** on Monday, July 13 at 12:30 p.m. The business meeting is the perfect opportunity to discuss the ideas for next year's activities, to meet other members, and to volunteer for next year's division leadership and other positions. Also, there is a new opportunity for divisions to propose **webinars**. Read more about webinars in Gayle Coleman's article in the following pages, and bring your ideas to the business meeting.

We kept the tradition, and finalized the selection of the 2009 **Public Health Nutrition Division Research and Program Awards**. Many thanks to Lynn James and the reviewers who made this process flow smoothly. The awards will be presented during the business meeting on July 13. I encourage all of you to apply to the next year's awards, which will be a great way to get recognition for your programs and research projects.

Lastly, don't forget to bring your program information, photos, and handouts to display on the division poster board in the reception area during the conference to showcase our division. If you would like to send me your material before the conference, I will be happy to place them on the board for you.

I look forward to seeing you in New Orleans!

Nurgül Fitzgerald, PhD, RD  
Chair



# Policy News:

## American Recovery and Reinvestment Act of 2009

### Public Health Nutrition Related Provisions

The American Recovery and Reinvestment Act of 2009, commonly referred to as the “stimulus bill,” is a \$787 billion package designed to create jobs, restore economic growth, and strengthen America's middle class through measures that modernize the nation's infrastructure, enhance America's energy independence, expand educational opportunities, preserve and improve affordable health care, provide tax relief, and protect those in greatest need. As a result, public health nutrition programs will receive the following funding:

**Department of Health and Human Services, Prevention and Wellness Fund = \$1 billion**

- \$300 million for the CDC 317 immunization programs
- \$50 million to states to reduce healthcare-related infections
- \$650 million to carry out evidence-based clinical and community-based prevention and wellness strategies authorized by the Public Health Service Act as determined by the Secretary, that deliver specific, measurable health outcomes that address chronic disease rates.

**Senior Nutrition Programs = \$10 million**

- Funds for states for elderly nutrition services including Meals on Wheels and Congregate Meals.

**Community Services Block Grant (CSBG) = \$1 billion**

- The CSBG supports employment, food, housing, health, and emergency assistance to low-income families and individuals (including those without children who do not qualify for other types of assistance like Medicaid), the homeless, and the elderly.

**Special Supplemental Nutrition Program For Women, Infants, And Children (WIC) = \$500 million**

- Includes \$400 million for expected increases in caseload and \$100 million for Management Information Systems (MIS).

**Supplemental Nutrition Assistance Program (SNAP) = \$20.3 billion**

- \$20 billion for SNAP, including a 13.6% benefit increase in nutrition assistance for all states, Puerto Rico and American Samoa for FY 2009.
- \$145 million will be made available in FY 2009 and \$150 million in FY 2010 to cover administrative costs associated with the benefit increase, of which \$4.5 million is allocated to the Food and Nutrition Service to cover expenses related to management and oversight of the program, and monitoring the integrity and evaluating the effect of the payments made.

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**School Lunch Program = \$100 million**

- To provide schools with assistance in purchasing kitchen equipment with priority for low-income schools.

**Emergency Food Assistance Program = \$150 million**

- To purchase commodities for food banks.

**Clean Water = \$9.8 billion**

- \$4 billion for the Clean Water State Revolving Funds.
- \$2 billion for the Drinking Water State Revolving Funds.
- \$3.8 billion in loans and grants for water and waste disposal facilities in rural areas. This includes \$2.8 billion is for direct loans and \$968 million is for grants.

Resources

*American Recovery and Reinvestment Act of 2009*

- [appropriations.house.gov/pdf/RecoveryBill01-15-09.pdf](http://appropriations.house.gov/pdf/RecoveryBill01-15-09.pdf) (14 MB)
- <http://www.recovery.gov/>

*National Association of County & City Health Officials*

- <http://www.naccho.org/advocacy/upload/public-health-provisions-conf.pdf>

By: *Angie Tagtow, MS, RD, LD*  
*Environmental Nutrition Solutions*

*Food & Society Policy Fellow, Connecting Soil to Food to Health*



## Updates from the Board

Did you notice or attend the Advisory Committee on Public Policy (ACPP) webinar on Child Nutrition Reauthorization on May 13, 2009? This webinar was a great way for SNE members and others to learn more about the reauthorization process and how ACPP works to advocate for issues that are of interest to SNE members such as child nutrition programs.

The SNE board encourages special interest divisions including the Public Health Nutrition Division to

consider topics for future webinars. Keep your eyes and ears open for potential webinar presenters when you attend the SNE Annual Conference or other presentations.

In an effort to learn even more about webinar technology, and save time and money, the SNE Board utilized *GoToMeeting* technology to have their spring meeting this year. Each board member connected to the meeting from their PC and either the microphone system on their

PC or their telephone. Jackie Williams', Executive Director of SNE, computer screen served as the main visual during the meeting. This format enabled everyone to see the documents while they were being discussed and any real-time edits being incorporated into them. In addition, there was a sidebar that included who was connected to the meeting, an indicator of who was talking, and a space where any member of the meeting could write comments such as a draft or notice that they needed to leave the meeting.

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This technology worked well as we incorporated SNE members' input into the strategic plan, identified action steps for our strategic goals, reviewed the draft

budget for fiscal year 2010 and discussed annual conference plan.

By: **Gayle Coleman**

*Board member at large and liaison to the Public Health Nutrition Division*

## Member Publications 2009

- Bolton TA, Chow T, Benton PA, Olson BH. *Characteristics associated with longer breastfeeding duration: an analysis of a peer counseling support program*. J Hum Lact. 2009 Feb;25(1):18-27.
- Lamontagne C, Hamelin AM, St-Pierre M. *An assessment of the impact of breastfeeding clinic attendance on women's breastfeeding experiences*. J Hum Lact. 2009 Feb;25(1):42-53.
- Yeh MC, Viladrich A, Bruning N, Roye C. *Determinants of Latina obesity in the United States: the role of selective acculturation*. J Transcult Nurs. 2009 Jan;20(1):105-15.
- Franzen L, Smith C. *Acculturation and environmental change impacts dietary habits among adult Hmong*. Appetite. 2009 Feb;52(1):173-83. Epub 2008 Sep 20.
- Abraham SF, von Lojewski A, Anderson G, Clarke S, Russell J. *Feelings: what questions best discriminate women with and without eating disorders?* Eat Weight Disord. 2009 Mar;14(1):e6-10.
- Robinson-O'Brien R, Perry CL, Wall MM, Story M, Neumark-Sztainer D. *Adolescent and young adult vegetarianism: better dietary intake and weight outcomes but increased risk of disordered eating behaviors*. J Am Diet Assoc. 2009 Apr;109(4):648-55.
- Neumark-Sztainer D, Flattum CF, Story M, Feldman S, Petrich CA. *Dietary approaches to healthy weight management for adolescents: the New Moves model*. Adolesc Med State Art Rev. 2008 Dec;19(3):421-30, viii.
- Robinson-O'Brien R, Larson N, Neumark-Sztainer D, Hannan P, Story M. *Characteristics and dietary patterns of adolescents who value eating locally grown, organic, nongenetically engineered, and nonprocessed food*. J Nutr Educ Behav. 2009 Jan-Feb;41(1):11-8.
- Nelson MC, Neumark-Sztainer D, Hannan PJ, Story M. *Five-year longitudinal and secular shifts in adolescent beverage intake: findings from project EAT (Eating Among Teens)-II*. J Am Diet Assoc. 2009 Feb;109(2):308-12.
- Thompson AM, Campagna PD, Durant M, Murphy RJ, Rehman LA, Wadsworth LA. *Are overweight students in Grades 3, 7, and 11 less physically active than their healthy weight counterparts?* Int J Pediatr Obes. 2009;4(1):28-35.
- Bowman SA. *Socioeconomic characteristics, dietary and lifestyle patterns, and health and weight status of older adults in NHANES, 1999-2002: a comparison of Caucasians and African Americans*. J Nutr Elder. 2009 Jan-Mar;28(1):30-46.
- Stotts Krall J, Lohse B. *Interviews with low-income Pennsylvanians verify a need to enhance eating competence*. J Am Diet Assoc. 2009 Mar;109(3):468-73
- Vossenaar M, Mayorga E, Soto-Méndez MJ, Medina-Monchez SB, Campos R, Anderson AS, Solomons NW. *The positive deviance approach can be used to create culturally appropriate eating guides compatible with reduced cancer risk*. J Nutr. 2009 Apr;139(4):755-62.
- Gans KM, Risica PM, Kirtania U, Jennings A, Strolla LO, Steiner-Asiedu M, Hardy N, Lasater TM. *Dietary behaviors and portion sizes of black women who enrolled in SisterTalk and variation by demographic characteristics*. J Nutr Educ Behav. 2009 Jan-Feb;41(1):32-40.

- Jacobs DR Jr, Haddad EH, Lanou AJ, Messina MJ. *Food, plant food, and vegetarian diets in the US dietary guidelines: conclusions of an expert panel*. Am J Clin Nutr. 2009 May;89(5):1549S-1552S
- Jastran MM, Bisogni CA, Sobal J, Blake C, Devine CM. *Eating routines. Embedded, value based, modifiable, and reflective*. Appetite. 2009 Feb;52(1):127-36.
- Khan NA, Nasti C, Evans EM, Chapman-Novakofski K. *Peer education, exercising, and eating right (PEER): training of peers in an undergraduate faculty teaching partnership*. J Nutr Educ Behav. 2009 Jan-Feb;41(1):68-70.
- Cullen KW, Watson KB. *The impact of the Texas public school nutrition policy on student food selection and sales in Texas*. Am J Public Health. 2009 Apr;99(4):706-12.
- Lang JE, Hersey JC, Isenberg KL, Lynch CM, Majestic E. *Building company health promotion capacity: a unique collaboration between Cargill and the Centers for Disease Control and Prevention*. Prev Chronic Dis. 2009 Apr;6(2):A62.
- Widome R, Neumark-Sztainer D, Hannan PJ, Haines J, Story M. *Eating when there is not enough to eat: eating behaviors and perceptions of food among food-insecure youths*. Am J Public Health. 2009 May;99(5):822-8.
- Sherwood NE, Wall M, Neumark-Sztainer D, Story M. *Effect of socioeconomic status on weight change patterns in adolescents*. Prev Chronic Dis. 2009 Jan;6(1):A19.
- Larson NI, Story MT, Nelson MC. *Neighborhood environments: disparities in access to healthy foods in the U.S.* Am J Prev Med. 2009 Jan;36(1):74-81. Epub 2008 Nov 1.
- Fitzgerald N, Spaccarotella K. *Barriers to a Healthy Lifestyle: From Individuals to Public Policy—An Ecological Perspective*. J Extension. 2009;47(1):1FEA3. <http://www.joe.org/joe/2009february/a3.php>
- Ammerman AS, Farrelly MA, Cavallo DN, Ickes SB, Hoerger TJ. *Health economics in public health*. Am J Prev Med. 2009 Mar;36(3):273-5.

Ellie (Eleanor P.) Taylor has published a new nutrition education curriculum manual, *Feeding the Kids Workshops: Raising Happy, Healthy Eaters* (Mancala Publishing, 2009).

The complete curriculum kit includes the manual, a parent text (*Feeding the Kids: The Flexible, No-Battles, Healthy Eating System for the Whole Family*), and a large healthy menu teaching magnet!

The kit is available through [www.FeedingTheKids.com](http://www.FeedingTheKids.com), or NCES and NASCO catalogs. The workshops can be used for individual counseling, parenting classes or parent-child workshops.

