

Exhibitors (as of printing)

- Family, Career and Community Leaders of America (FCCLA), Gayla Randel, FCS Education
- Home Baking Association, Charlene Patton, Administrator/Foods and Nutrition in Business
- Nutrition for Kids/24 Carrot Press, Connie Evers, MS, RD
- Kansas Wheat Commission, Cindy Falk, Nutrition Educator
- Kansas Beef Council, Karen Hanson, Director of Nutrition
- NCES Catalog, Robyn Stuewe, MA, RD, LD
- Nutra-Net, Inc. Lisa Medrow, RD, LD, Education Director
- Research Poster, Ric Rosenkranz, MA, MS, Research Associate, KSU Community Health Institute, The Impact of Family Mealtime on Human Nutrition
- Fruits & Veggies—More Matters®, Jennifer Church, MS, RD, KDHE, Nutrition and Physical Activity Program Manager
- Kansas Nutrition Council Mini-grant recipient, Linda Walters
- Knowledge of Nutrition and Activity for Communities in Kansas (KNACK) online; Kids a Cookin & Movin
- Kansas State University Research & Extension, Sharolyn Flaming-Jackson

Directions

The Geary County Convention Center is located at 310 Hammons Drive. It is visible right next to the Courtyard by Marriott from the I-70 exit #298.

Registration

Conference registration (\$75) if postmarked by April 3, 2008. A \$10 late fee is required after April 3. Registration includes KNC future mailings.

Download forms at: <http://www.sne.org/KansasNutritionCouncil.htm>

CEU Information

Application has been made for CEU's for Kansas Dietitian Licensure, Dietetic Registration, American Association of Family and Consumer Sciences, and the Kansas School Food Services Association.

Lodging

The Kansas Nutrition Council block of rooms is being held until March 17, 2008 at the Courtyard by Marriott which is attached to the Convention Center. The block room rate is \$85.00 + lodging and local tax, single or double occupancy. To make reservations, call 800-321-2211 or 785-210-1500. The rate continues through April 17 for the KDA conference, April 18.

Shape Dietetics As We Envision It Could Be

Kansas Dietetic Association Annual Conference
Friday, April 18, 2008 Courtyard by Marriott Geary County Convention Center
Celebrate the 70 year history of Kansas Dietetic Association 1938-2008

Kansas Nutrition Council 2008 Conference April 17, 2008

Food & Youth: Finding the Tipping Point for Wellness



**Geary County Convention Center
310 Hammons Drive
Junction City**

Food & Youth: Finding the Tipping Point for Wellness

- 7:30 Registration, Morning Nutrition**
7:30 *Body Moves and Connections*—Take 5 to 10 minutes before we start to try new flex, stretch and de-stress movements to add to classrooms, childcare, WIC, FNP, the chair bound, and after school community programs
Dr. Tanda Kidd, Ph.D, KSU Human Nutrition Assistant Prof/Extension Specialist
Carrie Snyder, RD, LD, NSCA-CPT, KSU Human Nutrition Research and Extension GRA
- 8:15 Welcome and Conference Notes**
Sharon Davis, FCS Education, 2008 Conference Chairperson
- 8:30 Tipping Point Nutrition and Food Activities for Wellness**
Connie Evers, M.S., R.D.—Child Nutrition Consultant, Nutrition for Kids/24 Carrot Press, Portland, OR
- 9:30 Building Health and Wellness in a Resistant Environment**
Jim Bogden, MPH, Project Director, Center for Safe and Healthy Schools National Association of State Boards of Education, Washington, DC
- 10:30 Nutrition Break, Exhibits & More *Body Moves and Connections***
Dr. Tanda Kidd and Carrie Snyder
- 11:00 *Fresh Voices* Panel—Tipping Point Research and Work**
•Gayla Randel, FCS Teacher, USD #380, Frankfort FCCLA Student Body/School Wellness Committee
•Robin Stuewe, MA, RD, LD-Olathe School District Nutrition & Wellness Council
•Lisa Medrow, RD, LD, Nutra-Net Education Director, Kansas City, MO
•Ric Rosenkranz, MA, MS, Research Associate, KSU Community Health Institute, The Impact of Family Mealtime on Human Nutrition
•Jennifer Church, MS, RD, KDHE Nutrition and Physical Activity Program Manager, Fruits & Veggies—More Matters®

Contact Information

Contact Sharon Davis at (785) 539-7044 or hbadavis@gmail.com with questions or if you require special accommodations.

Contact Sandy Perkins at (785) 296-1323 or sperkins@kdhe.state.ks.us about registration/cancellations.

- 12:15 Lunch & Annual Business Meeting**
Wellness Issues in the Pediatric Office, Birth to 18
Dr. Graham Rose, M.D., Pediatric Associates, Manhattan, KS
- 1:30 Skill Building Break-Out Sessions**
•Nutrition in Action for Early Childhood-PreK-2nd—Connie Evers
•Successful Elementary Hands-on Food Activities—Lisa Medrow, RD, LD Education Director, Nutra-Net, Inc, Kansas City, MO
•'Tweens, Teens and Adults: Foods Leaders at Home, School, Afterschool- Charlene Patton, FCS Foods and Nutrition in Business, Topeka, KS
Jana Patton, KSU Senior, majoring in Nutritional Sciences/Pre-Med and Dietetics, Topeka, KS
•Tech Connect: On-line Resources for Food and Nutrition Educators- Kathy Walsten, KSU Extension Assistant, Family Food and Nutrition Program, Kids a Cookin' & Movin'
•Exhibits, Poster Displays and *Body Moves and Connections*
- 2:30 Repeat of Skill Building Break-Out Sessions**
- 3:30 Repeat of Skill Building Break-Out Sessions**
- 4:15 Closure and evaluations**
- 4:30 Conference Adjourns**

Objectives:

Participants will:

1. Learn recent social and cultural trends that affect the nutrition, weight and overall wellness status of children, families & communities.
2. Identify socio-cultural factors that de-emphasize family meals and contribute to poor eating and physical activity habits.
3. Be able to practice positive, persuasive, engaging wellness strategies and messages to communicate to children, parents and educators regarding food, activity and body image at home, school, and community in both receptive and resistant environments.
4. Receive resources to apply personally and in work applications in child care, schools, health offices, communities, youth programs and in the training of youth and adult leaders.

Kansas Nutrition Council is a nonprofit organization dedicated to providing structure & leadership for linking Kansas professionals in nutrition & related fields.