

**Continuing Education Test**  
*Journal of Nutrition Education and Behavior*

**Article title:** *Association Between Family Variables and Mexican American Children's Dietary Behaviors*

With the exception of the last questions, the following items are multiple choice. Select the best response to each question.

- 1) The operationalization of family support in this study included the following two dimensions of social support:
  - a. Emotional and appraisal
  - b. Emotional and instrumental
  - c. Instrumental and appraisal
  - d. Instrumental and informational
  
- 2) The family exposure variable most strongly and consistently associated with dietary intake was:
  - a. Family support for healthy eating
  - b. Number of meals family eats together
  - c. Number of times family eats fast food at home
  - d. Number of TV advertised foods parents purchase for children
  
- 3) A negative relationship between family support and snack consumption suggests that:
  - a. Children consume more snacks with less family support
  - b. Children consume more snacks with more family support
  - c. Children consume less snacks with less family support
  - d. There is no relationship between child snack consumption and family support.
  
- 4) Of the foods that at least 50% of the youth reported seeing on television (as depicted in Figure 1), which of these foods are parents most likely to purchase?
  - a. Pizza
  - b. Cereal
  - c. Other snacks
  - d. Chips
  
- 5) A z-score is computed to allow comparisons across data that are collected using different response options.
  - True or False

